

## Managing Osteoarthritis In Primary Care

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### Managing Osteoarthritis In Primary Care

Managing osteoarthritis in primary care: the GP as public health physician and surgical gatekeeper. Peter Croft, Professor of Primary Care Epidemiology. Arthritis Research UK Primary Care Centre, Primary Care Sciences, Keele University, Staffordshire UK. Mark Porcheret, Director, Keele GP Research Partnership.

### Managing osteoarthritis in primary care: the GP as public ...

A considerable proportion of patients self-medicate, whilst others are treated by a GP and the primary health care team. Primary care management involves the use of exercise, physiotherapy, weight loss where necessary, the use of analgesics, particularly non-steroidal anti-inflammatory drugs (NSAIDS) and joint injections.

### Managing Osteoarthritis in Primary Care: 9780632053537 ...

Lifestyle and home remedies Exercise. Low-impact exercise can increase your endurance and strengthen the muscles around your joint, making your... Lose weight. Carrying extra weight increases the stress on your weight-bearing joints, such as your knees and your hips.

### Osteoarthritis - Diagnosis and treatment - Mayo Clinic

Dr Margham gives more information about the course: "Effective consultations are at the heart of good management of osteoarthritis. So this BMJ online module focuses on the latest evidence from NICE and our colleagues at the Arthritis Research UK Primary Care Centre at Keele University, specifically on how to improve the consultation between ...

### Clinical pointers: managing osteoarthritis in primary care ...

THE QUESTION OF EXERCISE. The topic of the paper by Williams et al<sup>6</sup> is exercise for people with osteoarthritis. There is little doubt that exercise is beneficial in reducing pain and improving mobility in older patients with chronic joint pain, especially in the knee.<sup>7</sup> But there are challenges for primary care of how to provide advice to the many people with this problem, and how to overcome ...

### Managing osteoarthritis in primary care: the GP as public ...

Osteoarthritis is the most common cause of musculoskeletal disability, affecting five million people in Britain. By far the majority of cases are managed in the community. A considerable proportion of patients self-medicate, while others are treated by a GP and the primary health care team.

### Managing Osteoarthritis in Primary Care PDF » Free PDF ...

Clinical pointers: Managing osteoarthritis in primary care . Start module Add to portfolio. This module uses text and videos to describe recent developments in osteoarthritis for GPs. Topics covered include new evidence on disease progression, non-pharmacological interventions, the role of paracetamol and the importance of regular follow up. ...

### Clinical pointers: Managing osteoarthritis in primary care

BACKGROUND: Osteoarthritis (OA) of the hip and knee are among the most common chronic conditions, resulting in substantial pain and functional limitations. Adequate management of OA requires a combination of medical and behavioral strategies.

### **Patient and provider interventions for managing ...**

Self-management programs in a primary care setting have been shown effective for knee osteoarthritis. 6 These programs should focus on activity modifications including low-impact aerobics, careful strengthening, and avoidance of high-impact activities.

### **An update on primary care management of knee osteoarthritis**

Osteoarthritis is a common degenerative disorder of the articular cartilage associated with hypertrophic changes in the bone.<sup>1</sup> Risk factors include genetics, female sex, past trauma, advancing age ...

### **Osteoarthritis: Diagnosis and Treatment - American Family ...**

John Dickson is the author of *Managing Osteoarthritis in Primary Care*, published by Wiley.

### **Managing Osteoarthritis in Primary Care | Wiley Online Books**

Osteoarthritis is a leading cause of pain and disability (1-3). Already a leading chronic health condition in primary care settings (4), osteoarthritis will become increasingly prevalent (5-8). Treatment involves a combination of behavioral, pharmacologic, and other clinical therapies (9-11); therefore, both patients and health care providers play key roles in effective management.

### **Patient, Provider, and Combined Interventions for Managing ...**

atic review of systematic reviews. Management of osteoarthritis in primary care. *Can Fam Physician* 2020;66:e89-98. 2. Lundh A, Lexchin J, Mintzes B, Schroll JB, Bero L. Industry sponsorship and research outcome: systematic review with meta-analysis. *Intensive Care Med* 2018;44(10):1603-12. Epub 2018 Aug 21. 3. Korownyk C, Allan GM.

### **PEER simplified decision aid: osteoarthritis treatment ...**

Patient, Provider, and Combined Interventions for Managing Osteoarthritis in Primary Care: A Cluster Randomized Trial. Allen KD(1), Oddone EZ(1), Coffman CJ(1), Jeffreys AS(1), Bosworth HB(1), Chatterjee R(1), McDuffie J(1), Strauss JL(1), Yancy WS Jr(1), Datta SK(1),

### **Patient, Provider, and Combined Interventions for Managing ...**

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### **Managing osteoarthritis in primary care (eBook, 2000 ...**

Osteoarthritis is clinically associated with escalating chronic pain, physical disability, and decreased quality of life. Early diagnosis of mild osteoarthritis in relatively young patients presents an opportunity for PHCNPs to manage pain, increase quality of life, and decrease risk of disability[5].

### **Knee osteoarthritis: Therapeutic alternatives in primary care**

Knee pain is a common musculoskeletal problem, especially in those aged 50 and over, and has been described as the new back pain because of its community importance [ ] and limited evidence for long-term efficacy of treatment [ ]. There is discordance between symptomatic knee pain and X-ray features of osteoarthritis (OA) [ ]; consequently, primary care studies focus on symptomatic knee pain in ...

### **management of knee pain in primary care: factors ...**

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